



Glen Helen Ecocamp Packing List

OVERNIGHT CAMPS

Required items:

- 2-3 pairs of shorts
- 2-3 pairs of long pants
- 5-6 t-shirts
- Warm jacket or sweater for cool evenings
- Adequate changes of underwear
- 1-2 pairs of pajamas
- 1-2 pairs of sturdy shoes for hiking (no crocs or flip-flops)
- Hat or visor
- Rain coat or poncho
- Water bottle (available at Campstore)
- Sleeping bag or sheet and blanket
- Pillow
- Cloth napkin or handkerchief for meals
- 2 towels & a wash cloth
- Soap in a travel case
- Shampoo
- Toothbrush & toothpaste
- Sunscreen
- Non-aerosol insect repellent
- Hair Brush
- Bag for dirty laundry
- Other essential toiletries

Raptor Camps:

- Closed-toe shoes

Survivor Camps:

- Bandana

Water Camps:

- Sturdy water shoes with a strap on the back of the foot (no flip flops or crocs)
- Quick drying synthetic clothes

Optional items:

- Sturdy sandals with a strap on the back of the foot (no crocs or flip-flops)
- Un-networked Camera
- Musical Instruments
- Bathrobe, shower shoes, and/or slippers
- Letter writing supplies (postcards and stamps are available Campstore)
- Book and/or journal
- Back pack or day pack (available at Campstore)

*Many campers bring items that look similar!
Please label everything that you send to camp to help ensure your belongings return with your camper on Friday. We will do our best to facilitate this; however, we are not responsible for lost items at camp.*

DAY & PROGRESSIVE CAMPS

Items may be left in the dorm throughout the week.

Required items:

- Weather appropriate clothing
- Sturdy shoes for hiking (no crocs or flip-flops)
- Water Bottle (available at Campstore)

Optional items:

- Sturdy sandals with a strap on the back of the foot (no crocs or flip-flops)
- Extra clothing and shoes for weather changes or special circumstances
- Non-aerosol insect repellent
- Sunscreen
- Hat or visor
- Rain coat or poncho
- Cloth napkin or handkerchief
- Back pack or day pack (available at Campstore)
- Sleeping bag or bedding and a pillow
- Comfort toy or blanket

PROGRESSIVE CAMP (Thursday morning drop-off)

Required:

- Outfit for Friday
- Sleeping bag or a sheet and blanket
- Pillow
- Jacket and long pants for evening hike
- Adequate changes of underwear
- Pajamas
- Toothbrush & toothpaste
- Hair Brush
- Bag for dirty laundry
- Other essential toiletries

Optional:

- Towel & wash cloth
- Soap in a travel case
- Shampoo
- Bathrobe, shower shoes and/or slippers
- Book and/or journal

*Fun at Ecocamp is often messy!!
Please send your camper with clothes that can get dirty.*

STRICTLY PROHIBITED ITEMS

- Cell phones, smart watches or other electronics
- Battery-operated toys or games
- Hair dryers, curling irons, straighteners, etc.
- Food or candy
- Flashlights
- Fireworks, knives, firearms and other weapons