

A lush green forest with a waterfall cascading over rocks into a small pool of water. The scene is vibrant with various shades of green foliage and trees. The waterfall is the central focus, with water splashing over reddish-brown rocks. The background is filled with tall, thin trees and dense green leaves, creating a sense of a deep, natural setting.

I am going to Glen Helen Outdoor School!

A social story about what Outdoor School has to offer



My class is going to spend time at Outdoor School!



Glen Helen is a 1000+ acre nature preserve, and we will turn it into our classroom!



My naturalist is someone who loves teaching about nature and science and is very excited to spend the week with me!
My trail group will spend the whole week with one naturalist teacher.



A trail group is a group of me and your classmates that will be learning together during Outdoor School

A photograph of a dirt path winding through a dense forest. The trees are tall and thin, with lush green foliage. A thick mist or fog hangs in the air, softening the background. The text "HIKE LESSONS" is centered in the middle of the image in a bold, black, sans-serif font.

HIKE LESSONS



I will be going on two lesson hikes each day to learn with my trail group and my naturalist



We will be learning about nature, science, and teamwork



We will be learning about ecosystems, plants and animals, geology, the nocturnal world, and more!



Each lesson hike will be two hours long and outside!



For my lesson hikes, I will need to pack: a water bottle, layers of clothing, good walking shoes, a jacket or sweater, a small backpack, and whatever else I need to feel comfortable outside



I will get to visit the Yellow Springs, visit the Raptor Center and meet an owl or hawk, meet a snake or a turtle, and so much more!



DORMS



I will be staying in the dorms at the Glen Helen Outdoor Education Center.



There are three dorms:
Hickory, Sycamore, and Cedar Center



Each wing has 2 wings. Each wing has bunkbeds, a teacher/chaperone room, and a bathroom

For my dorm, I will need to pack:

- a sleeping bag or bedroll and a pillow
- toiletries like my toothbrush, soap, shampoo, and towels
- indoor quiet activities, like a book or puzzle
- and whatever else I need to feel comfortable spending the night in the dorm





I will remember that I am responsible for carrying all my luggage to and from the dorms. If I forget anything, I can ask my teachers or naturalist and we have extras to let you borrow

A photograph of a dirt path winding through a dense forest. The trees are tall and thin, with a thick canopy of green leaves. A soft, white mist or fog hangs in the air, partially obscuring the background. The lighting is diffused, creating a serene and somewhat ethereal atmosphere. The word "MEALS" is centered in the middle of the image in a large, black, sans-serif font.

MEALS



I will be eating meals at the Glen Helen OEC Lodge.



We will also be having snack in the afternoon and before bedtime

A photograph of a misty forest path. The path is made of dirt and gravel, winding through a dense forest of tall, thin trees. The ground is covered in green undergrowth. The word "ACTIVITIES" is written in large, black, sans-serif capital letters in the center of the image. The overall atmosphere is serene and slightly ethereal due to the mist.

ACTIVITIES



I will play during afternoon activities at 4:30, called 4:30s! I will be able to choose between three different options each day for 4:30 Activities



I can choose an active activity like capture the flag or kickball



a moderate activity like shelter building or tree climbing



or a calm activity like a craft or baking cookies



After dinner, we will have an evening program! There will be a skits and songs night, a night hike, and perhaps even a campfire!



At the end of the week, I will head back to school with new knowledge, new friends, and lots of great memories of Outdoor School!



We look forward to seeing you soon!

- Glen Helen Outdoor Education Center Staff & Naturalists